



**CIRCLE
OF EXCELLENCE 2024**



Sharlet Cochran
Circle of Excellence

Sharlet Cochran is a manager at Lakeland Regional Health in Florida. As manager of an acute care, high-volume trauma intensive care unit (TICU), Sharlet has implemented evidence-based strategies to

reduce hospital-acquired infections (HAIs) and improve patient outcomes. She consistently focuses on reducing central line-associated bloodstream infections (CLABSIs) and catheter-associated urinary tract infections (CAUTIs). She has supported her team's development in vascular access (including ultrasound-guided IV and midline placement) and assisted in the creation and piloting of a nurse-driven urinary catheter removal protocol that focuses on urinary retention. Her influence led to a reduction in the use of peripherally inserted central catheters across the health system by over 46.7%, a decline in central line use in TICU, a 10% reduction in TICU's urinary catheter standard utilization rate, zero CLABSIs in TICU since 2019, and a CAUTI standard infection ratio below 1.0 since January 2020.