



CIRCLE
OF EXCELLENCE 2024



Nicole Aaron
Circle of Excellence

Nicole Aaron is a clinical nurse specialist (CNS) for the Cardiovascular and Neurotrauma ICUs at Providence St. Peter Hospital in Washington state. Nicole has been working with the Education Department for several

years, first as the ICU educator and now as their CNS. For both units, Nicole created a morning rounding format based on the ABCDEF bundle. She gathered multidisciplinary stakeholders and charge nurses to implement an evidence-based tool during morning rounds in the ICU. This tool has been instrumental in liberating patients, having solution-based conversations for problem solving, and ultimately increasing patient safety. A measurable result of her efforts is clearly seen in the Neurotrauma ICU, where they recently achieved the “Golden Zero” award for zero CAUTIs in the last year. Nicole rounds effectively on staff during their workdays, intentionally making time for face-to-face interactions to help them succeed.