2024 VISIONARY LEADERSHIP AWARDS

AACN Pioneering Spirit Award

Cynthia Arslanian-Engoren

Cynthia Arslanian-Engoren, PhD, RN, ACNS-BC, FAHA, FNAP, FAAN, is at the forefront of research and outreach to educate clinicians and patients on misdiagnosis and failure to recognize life-threatening cardiac symptoms among women and minorities.

She has extensively studied the triage decisions made by emergency department nurses for women with symptoms of an acute myocardial infarction (MI), and also the treatment-seeking decisions of women and minorities with acute MI. As part of this research, she developed and tested the Nurses' Cardiac Triage Instrument, a 30-item, three-factor (patient presentation, unbiased nurse reasoning process, nurse action) instrument. Other research includes decision regret among critical care nurses, how social support helps women engage in heart-healthy behaviors to reduce cardiovascular risk, and improving self-care decisions in patients with heart failure.

Arslanian-Engoren is a professor and associate dean of the Faculty Affairs and Faculty Development Department of Health Behavior and Biological Sciences at University of Michigan School of Nursing.

A member of the American Association of Critical-Care Nurses for more than 35 years, Arslanian-Engoren has often contributed her leading-edge research to AACN's journals. She is widely published in prestigious, multidisciplinary, peer-reviewed journals, and her innovative research is recognized nationally and internationally.

AMERICAN ASSOCIATION of CRITICAL-CARE NURSES